



PINE RIVER - BACKUS
Family Center

"Strengthening Families and
Building a Strong Community"

www.prbfamilycenter.org

218-587-4292

Annual Report 2023

Pine River - Backus Family Center

www.prbfamilycenter.org

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Food Shelf Coordinator

Amy Gordon ~ Family Support Specialist

Nicki Linsten - Lodge ~ Regional Prevention
Coordinator

Alex Raiden Ritter ~ Web Designer, Editor, Social
Media Manager

For 28 years the Pine River - Backus Family Center has provided family support services and quality programs to local families. We continue to strive to ensure all families have their needs met through the programs we offer and partner with.

We are grateful for our partners behind the scenes who support our work by serving on Advisory Boards, Leadership Committees, and our fabulous volunteers who build our capacity to serve neighbors in our community.

Our committed staff come together every day to make a difference. We thank them all for their dedication to their work and their community!

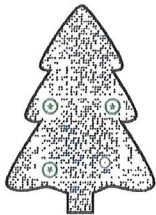
We are fortunate to partner with several service agencies and programs to strengthen our community. In 2023, Family Support Staff served 1840 neighbors. Those services including 60 Salvation Army vouchers, MNSure Navigator assistance, faxing, printing, and referrals to outside resources as needed. A Rural Minnesota CEP employment program Job Counselor provided support to those enrolled in programming.



Our Family Support Specialist served 19 families, including 20 children in 313 visits. Some of the goals families reported achieving during the program in 2023 were - therapy, creating family routines, getting AAS, applying for housing assistance, and obtaining my drivers permit.

Legal Kiosks - We have two Legal Kiosks available for those who are in need of accessing forms or attending a court hearing remotely. The Justice Bus for 60+ and Justice North visit the Food Shelf alternating months on the 3rd Tuesday of each month providing neighbors with answers to legal questions.

Find answers about these topics and more at a nearby Legal Kiosk :



Christmas for Kids - We want Christmas to be a joy filled experience for all families. This giving program is made possible by generous donations from local businesses and community members. In 2023, we were able to support 68 families and to help 182 children have a Merry Christmas.

Radiothon - We were proud to be a part of the 30th annual Radiothon in December. Our annual fundraising event at the Salty Dog Restaurant in Backus was hosted by staff from the Family Center and Deputies from the Cass County Sheriffs Office.





In 2023, we served 366 unduplicated households (1,029 individuals), 2199 duplicated households (5,880 individuals) - distributing 118,862 pounds of food. Volunteers generously gave their time working shifts, unloading trucks, and serving on our Food Shelf Advisory Board. In 2023, volunteers served 1896 hours serving our community in our fight to end hunger for our neighbors.



In partnership with Second Harvest - North Central Food Bank, Family Center staff helped neighbors with 300 pickups of the Commodity Supplemental Food Program for Seniors.



FARMS 2 FOOD SHELF

In collaboration with Lakes Area Food Shelf and CommUnity Meals, our Farms 2 Food Shelf project received a second grant from SourceWell. This program allows us to both provide fresh produce, farm fresh eggs, and honey to our neighbors along with a direct impact to our local economy with our purchases from 10 local growers who participated.

<https://vimeo.com/874136380/a83ce0ffa2?share=copy>

Pine River - Backus Community Meals

Curbside Pickup
4pm - 5pm

Mondays:
Riverview Church
310 Norway Ave.
Pine River, MN 56474

Thursdays:
Pine Mountaineer Senior Center
131 Front St. N.
Backus, MN 56435



In 2023, we served 15,092 meals with the help of 556 amazing volunteers.

The Family Center holds a contract with the State of Minnesota to serve as a host site for the Region 3 Prevention Coordinator.



Child and Teen Checkups

Child and Teen Checkups (C&TC) are provided through Cass County Public Health. Clinics were not held at the Family Center in 2023.

Women Infant Children

WIC clinics returned to the Family Center in 2023.



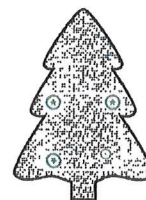
Family Planning Clinics

Clinics were offered by appointment during 2023.



We would like to take this opportunity to thank you for investing in the important work we do in Cass County Communities! Your donations help us to continue to invest in our community to change the lives of children and adults. Without your support we could not do this work.

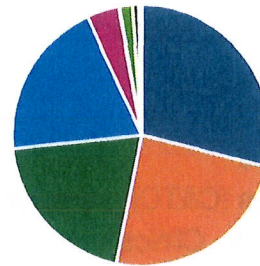
If you or someone you know wishes to continue to support our work, please have them reach out to us at 218.587-4292. You may also find links to donate on our website ~ prbfamilycenter.org



PROGRAM-INCOME SUMMARY

150-Family Services	28.86%
105-Pine River Area Food Shelf	24.35%
148-Region 3 Prevention	20.14%
279-Home Visiting	19.69%
106-Community Meals	4.05%
400-C&TC Outreach	1.67%
151-Christmas for Kids	0.79%
104-PRB School Pantry	0.44%

PROGRAM-INCOME SUMMARY

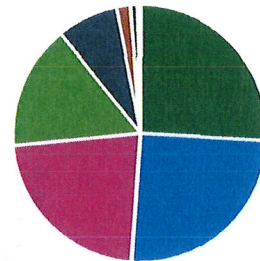


- 150-Family Services
- 105-Pine River Area Food Shelf
- 148-Region 3 Prevention
- 279-Home Visiting
- 106-Community Meals
- 400-C&TC Outreach
- 151-Christmas for Kids
- 104-PRB School Pantry

PROGRAM-EXPENSE SUMMARY

105-Pine River Area Food Shelf	25.82%
148-Region 3 Prevention	25.36%
279-Home Visiting	22.30%
150-Family Services	15.65%
106-Community Meals	7.81%
400-C&TC Outreach	1.71%
151-Christmas for Kids	0.89%
104-PRB School Pantry	0.25%
Unclassified	0.21%

PROGRAM-EXPENSE SUMMARY



- 105-Pine River Area Food Shelf
- 148-Region 3 Prevention
- 279-Home Visiting
- 150-Family Services
- 106-Community Meals
- 400-C&TC Outreach
- 151-Christmas for Kids
- 104-PRB School Pantry
- Unclassified